

METRO DETROIT ***Community Resources***

Mental Health, Behavioral Health & Substance Use

Detroit Wayne Integrated Health Network (DWIHN) 24/7 Helpline: 1-800-241-4949
Mobile Crisis Unit: 844-462-7474

Macomb County Community Mental Health: 1-855-996-2264

Oakland County 24-Hour Crisis Helpline – 800-231-1127

Detox/Residential/Outpatient Substance Abuse Treatment:

Sacred Heart Richmond – 810-392-2167

Salvation Army Harbor Light Clinton Twp – 586-954-1838

Salvation Army Harbor Light Detroit – 313-361-6136

Quality Behavioral Health: 313-922-2222

FAN (Face Addiction Now) – 833-202-4679

Detroit Recovery Project – 313-324-8900

Alcoholics Anonymous: 877-337-0611

Narcotics Anonymous: 877-338-1188

Food Pantry Information: pantrynet.org

Call 211 for additional social services information

There is help available. Keep the faith and don't give up. Please reach out to our Motor City Mitten Mission Team. We're here to give you a hand up!

Much Love & God Bless,
Gail Marlow
Executive Director & Co-Founder

#itseasytobekind



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Motor City Mitten Mission

Main Office: 313-854-5566
Macomb/Oakland Outreach: 586-563-7070
Detroit Outreach: 586-627-4530
MCMM Detroit Afterhours Helpline: 313-500-1956
(Helpline Hours- Mon-Fri 6pm-8am & Sat-Sun 24/7)
Email: ineedhelp@motorcitymittenmission.org
motorcitymittenmission.org

Detroit Homelessness Assistance

CAM: 313-305-0311
Monday - Friday between 8 am - 6 pm

MCMM Detroit Afterhours Helpline: 313-500-1956
(Helpline Hours- Mon-Fri 6pm-8am & Sat-Sun 24/7)

Macomb County Shelters

Friend of the Father: 313-658-32
7012 E 9 Mile Rd, Warren, MI 48091
(313) 658-3267

MATTS Salvation Army:
24140 Mound Rd., Warren, MI 48091
586-754-7400

MCREST:
215 S. Main St., Mt. Clemens, MI 48043
586-415-5101

Macomb County Winter Shelter
8150 Chapp Ave, Warren, MI 48089
(Open Dates TBA)

Oakland County Shelters

Lighthouse Family Shelter:
130 Center St Pontiac Michigan 48342
248.920.6000x3300

HOPE Shelter
249 Baldwin Ave Pontiac Michigan 48342
(248) 499-7345

Out-Wayne Homelessness Assistance

Wayne Metro : 734-284-6999

Veterans' Services

US Dept. of Veteran Affairs: 800-827-1000
Veteran Navigator Services: 586-200-7888
Detroit VA Services: 313-576-1000
Macomb County VA Services: 586-469-5315
Oakland County VA Services: 248-858-0785

Women, Children & Youth Shelters

Abigayle Ministries – 586-323-1411
Amelia Agnes – 586-323-7066
Covenant House (Youth) – 313-463-2000
First Step – 734-722-6800
FYI (Youth) - 586-465-1212
Turning Point DV – 586-463-6990
YWCA DV – 313-861-5300

General Housing Resources

Detroit Housing Resources Helpline:
866-313-2520
Monday - Friday between 8 am - 6 pm

Community Housing Network
General - 248-928-0111
Macomb County-586-221-5900

Macomb Community Action
Mt. Clemens – 586-469-6964
Warren – 586-759-9150

Out-Wayne Housing
734-284-6999

National Hotlines

National Domestic Violence Hotline
800-799-7233

National Human Trafficking Hotline:
888-373-7888

988 Suicide & Crisis Line: Dial 988

National Sexual Assault Hotline
800-656-4673